

Therefore I say unto you,
Take no thought for your life,
what ye shall eat, or what
ye shall drink; nor yet for
your body, what ye shall put
on. Is not the life more than meat,
and the body than raiment?
Behold the fowls of the air:
for they sow not, neither do
they reap, nor gather into barns;
yet your heavenly Father
feedeth them. Are ye not much
better than they?

Matthew 6:25-26